

Zearing Child Enrichment Center
April 2026

Monday	Tuesday	Wednesday	Thursday	Friday
		1 (PES-2:00 DISMISSAL) BR: Bagel, cream cheese, pears, milk* L: Chicken patty, bun (WG), green beans, mandarin oranges, milk* S: Animal crackers, fruit, water	2 BR: Cereal (WG), grapes, milk* L: Sweet & Sour Chicken, rice, broccoli, applesauce, milk* S: Breadstick, marinara, juice	3 (PES-SPRING BREAK) BR: English muffin (WG), bananas, milk* L: Turkey & cheese wrap, cottage cheese, mixed veggie, pears, milk* S: Muffin, milk*
6 (PES-SPRING BREAK) BR: Egg biscuit (WG), apples, milk* L: French bread sausage pizza, broccoli, pineapple, milk* S: Yogurt, fruit, water	7 (PES-SPRING BREAK) BR: Cereal (WG), oranges, milk* L: Beef & cheese quesadilla, peas, peaches, milk* S: Strawberry grahams, juice	8 (PES-SPRING BREAK) BR: Waffle (WG), syrup, grapes, milk* L: Chili, cheese, carrots, applesauce, crackers, milk* S: String cheese, crackers, water	9 (PES-SPRING BREAK) BR: Cereal (WG), pears, milk* L: Cream chicken on biscuit (WG), peas, mandarin oranges, milk* S: Chex mix, juice	10 (PES-SPRING BREAK) BR: Pancake (WG), syrup, banana, milk* L: Ham & cheese sliders, chips*, mixed veggies, pears, milk* S: Muffin, milk*
13 BR: Sausage biscuit (WG), apples, milk* L: Egg patty, peas, pineapple, toast, milk* S: Cheez it crackers, fruit, water	14 BR: Cereal (WG), oranges, milk* L: Pork fritter, bun, green beans, peaches, milk* S: Cheez calzone, juice	15 BR: Toast (WG), jelly, grapes, milk* L: Creamy chicken & rice soup, crackers, carrots, applesauce, milk* S: Colby jack cheese stick, crackers, water	16 BR: Cereal (WG), pears, milk* L: Sloppy Joe, bun, broccoli, mandarin oranges, milk* S: Pizza bagel bites, juice	<i>Inf-2+ - no chips</i> 17 BR: English muffin (WG), jelly, banana, milk* L: Fish nuggets, mixed veggies, pears, roll, milk* S: Muffin, milk*
20 BR: Breakfast burrito, apples, milk* L: Sausage gravy over biscuit (WG), sausage patty, green beans, pineapple, milk* S: Applesauce cup, graham crackers, water	21 BR: Cereal (WG), oranges, milk* L: Hamburger noodle casserole, carrots, peaches, roll, milk* S: Cheese roll up, juice	22 BR: Bagel, cream cheese, grapes, milk* L: Broccoli cheese soup, ½ turkey sandwich (WG), broccoli, applesauce, milk* S: Hardboiled egg, crackers, water	23 BR: Cereal (WG), pears, milk* L: Chicken alfredo, cauliflower, mandarin oranges, roll, milk* S: Pita bread, ranch, juice	24 BR: Toast (WG), syrup, banana, milk* L: Chicken & cheese quesadilla, mixed veggies, pears, milk* S: Muffin, milk*
27 BR: French toast sticks (WG), apples, milk* L: Spaghetti w/ meat sauce, green beans, pineapple, breadstick, milk* S: ½ ham & cheese sandwich, water	28 BR: Cereal (WG), oranges, milk* L: BBQ Chicken pita flatbread, broccoli, peaches, milk* S: Goldfish, juice	29 BR: Pancake, syrup, grapes, milk* L: Tomato soup, grilled cheese (WG), cauliflower, applesauce, milk* S: Ranch crackers, fruit, water	30 BR: Cereal (WG), pears, milk* L: Mac n' cheese, ham patty, peas, mandarin oranges, roll, milk* S: Soft pretzel, cheese, juice	

**Infants (12 months and younger) - no juice/fruit only*

**12 month olds-23 month olds (Whole Milk) 24 month olds-12 year olds (1% Milk) *WG – whole grain*