Zearing Child Enrichment Center
November 2026

Monday	Tuesday	Wednesday	Thursday	Friday
2 **BR:** Breakfast burrito, apples, milk* **Lunch:** Biscuit w/gravy (WG), sausage patty, broccoli, pineapple, milk* **PM snack:** Cheez Its, fruit, water	**3** **BR**: Cereal (WG), oranges, milk* **Lunch**: Beef & cheese quesadilla, green beans, peaches, milk* **PM snack**: Breadstick w/marinara, juice	**4 (PES-2:00 DISMISSAL)** **BR:** Bagel, cream cheese, grapes, milk* **Lunch:** Potato soup, ½ ham sandwich (WG), carrots, applesauce, milk* **PM snack**: Hardboiled egg, crackers, water	**5** **BR**: Cereal (WG), pears, milk* **Lunch**: Pork fritter, bun, cauliflower, mandarin oranges, milk* **PM snack**: Soft pretzel, cheese, juice	**6 (PES-12:00 DISMISSAL)** **BR**: English muffin (WG), jelly, bananas, milk* **Lunch**: Egg patty, mixed veggie, pears, toast, milk* **PM snack**: Muffin, milk*
9 **ZCEC CLOSED** **STAFF INSERVICE DAY**	**10** **BR**: Cereal (WG), oranges, milk* **Lunch**: Turkey & cheese wrap, cottage cheese, cauliflower, peaches, milk* **PM snack**: Cheese calzone, juice	**11** **BR:** Toast (WG), jelly, grapes, milk* **Lunch:** Creamy chicken rice soup, crackers, green beans, applesauce, milk* P**M snack**: Strawberry grahams, fruit, water	**12** **BR**: Pancake (WG), syrup, pears, milk* **Lunch**: Chicken & cheese quesadilla, peas, mandarin oranges milk* **PM snack**: Ranch oyster crackers, juice	**13** **BR:** Cereal (WG), bananas, milk* **Lunch:** Chicken strip, rice pilaf, mixed veggie, pears, milk* **PM snack**: Muffin, milk*
16 **BR:** Cereal (WG), apples, milk* **Lunch:** Chicken patty, bun, carrots, pineapple, milk* **PM snack**: Yogurt, fruit, water	**17** **BR:** French toast sticks, syrup, oranges, milk* **Lunch:** Chicken bacon ranch, pita (WG), mixed veggie, peaches, milk* **PM snack**: Goldfish, juice	**18** **BR**: Sausage biscuit, grapes, milk* **Lunch:** Broccoli cheese soup, ½ turkey sandwich (WG), broccoli, applesauce, milk* **PM snack**: Crackers, fruit, water	**19** **BR**: English muffin (WG), jelly, pears, milk* **Lunch**: Sloppy joe, bun, green beans, mandarin oranges, milk* **PM snack**: Chex mix, juice	**20** **BR:** Cereal (WG), bananas, milk* **Lunch:** Creamed chicken on biscuit, peas, pears, milk* **PM snack**: Muffin, milk*
23 **BR**: Toast (WG), jelly, apples, milk* **Lunch**: Meatballs w/gravy, mashed potatoes, pineapple, roll, milk* **PM snack:** String cheese, crackers, water	**24 (PES-2:00 DISMISSAL)** **BR**: Cereal (WG), oranges, milk* **Lunch**: Tortellini w/meat sauce, cauliflower, peaches, breadstick, milk* **PM snack:** Mini bagel w/cream cheese, juice	**25 (PES-NO SCHOOL)** **BR**: Biscuit, jelly, grapes, milk* **Lunch:** Turkey, mashed potatoes/gravy, green beans, applesauce, roll (WG), milk* **PM snack**: Graham crackers, banana, water	**26** **THANKSGIVING DAY** **ZCEC CLOSED** 	**27** **ZCEC CLOSED** 
30 **BR**: Cereal (WG), apples, milk* **Lunch**: Mac n' cheese, ham patty, mixed veggie, pineapple, roll, milk* **PM snack**: Animal crackers, fruit, water				

Infants (12 months and younger) - no juice/fruit only
12 month olds-23 month olds (Whole Milk) 24 month olds-12 year olds (1% Milk) *WG – whole grain